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Discovering Your Spiritual Type

Read through the set of statements under each heading and choose (circle) the one (s) that best describe what you personally prefer as part of your spiritual experience. You may select one or more statement under each heading.

THE ORDER OF WORSHIP

1. A carefully planned and orderly worship program is a glory to God.
2. A deeply moving and spontaneous meeting is a glory to God.
3. Simplicity and some silence are important elements needed for worship.
4. It is not a service, but ordering ourselves to God's service that is important.

TIME

1. Stick to announced beginning and ending times of worship services.
2. It is important to extend the meeting time if one feels led to do so.
3. All time is God's time. A sense of timelessness is important.
4. Gather whenever and as long as you need to in order to accomplish the task.

PRAYER

1. Words express poetic praise; we ask for knowledge and guidance.
2. Let words and feelings evoke God's presence in this moment.
3. Empty the mind of distractions and simply BE in the presence of the Holy.
4. My life and my work are my prayer.

MUSIC

1. Music and lyrics express praise to God and belief about God.
2. Singing warms and unites us and expresses the soul's deepest heart.
3. Chant and tone bring the soul to quietness and union with God.
4. Songs can mobilize and inspire to greater effort and dedication.

PREACHING

1. The Word of God, rightly proclaimed, is the centerpiece of worship.
2. The gospel message preached is the power of God to change lives.
3. Proclamation is heard when the Spirit of God speaks to the inward heart.
4. What we do is our "preaching" and speaks louder than anything we say.

EMPHASIS

1. A central purpose is that we fulfill our vocation (calling) in the world.
2. A central purpose is that we learn to walk in holiness with the Lord.
3. A central purpose is that we be one with the Creator.
4. A central purpose is that we obey God's will completely.

SUPPORT OF CAUSES

(If necessary, circle the words that apply and select categories with the most circles.)

1. Support seminaries, publishing houses, scholarship, preaching to others.
2. Support evangelism, missions, spreading the word on television and radio.
3. Support places of retreat, spiritual direction, liturgical reform.
4. Support political action to establish justice in society and its institutions.

CRITICISM

1. Sometimes we (I) are said to be too intellectual, dogmatic, and "dry."
2. Sometimes we (I) are said to be too emotional, dogmatic, anti-intellectual.
3. Sometimes we (I) are said to be escaping from the world and are not realistic.
4. Sometimes we (I) are said to have tunnel vision and are too moralistic.

DOMINATING THEMES

(If necessary, circle the words that apply and select categories with the most circles.)

1. Discernment, discipline, knowledge, order, grace, justification.
2. Love, conversion, witness, spontaneity, sanctification.
3. Poverty, humility, wisdom, letting go, transcendence.
4. Simplicity, purity of heart, action, temperance, obedience, martyrdom.

MEMBERSHIP CRITERIA

(Circle the proposition below; if necessary, what you believe is necessary.)

1. Assent to doctrine, baptism, endorsement by group.
2. A personal inward experience of God, baptism, public declaration.
3. All who face Godward are incorporated in the Holy.
4. Solidarity with humankind is membership in God's kingdom.


RITUAL AND LITURGY

1. Ritual and liturgy evoke memory and presence, teaching traditional truths.
2. Liturgy and ritual ceremonies are not of great importance.
3. Ritual and liturgy are ways in which God becomes present to us.
4. Ritual and liturgy are one way we make statements about inner conviction.

CONCEPT OF GOD

1. God is revealed in scripture, sacrament, and in Jesus Christ and his cross.
2. I can feel that God is real and that Christ lives in my heart.
3. God is mysterious and can be grasped for but not completely known.

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MEMBERSHIP CRITERIA

(What the congregation believes is necessary; what you believe is necessary.)

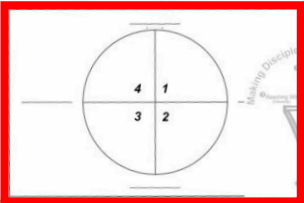
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CONCEPT OF GOD

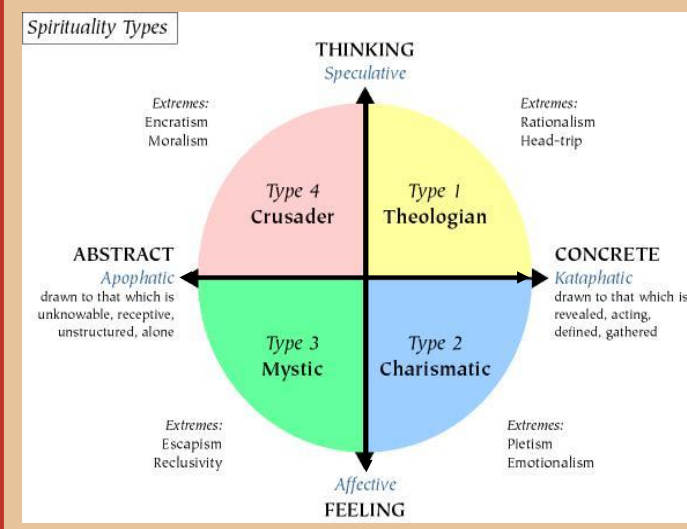
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Spirituality Types



THINKING
Speculative

Extremes:
Encratism
Moralism

Type 4
Crusader

Type 1
Theologian

Extremes:
Rationalism
Head-trip

ABSTRACT
Apophatic
drawn to that which is unknowable, receptive, unstructured, alone

CONCRETE
Kataphatic
drawn to that which is revealed, acting, defined, gathered

Type 3
Mystic

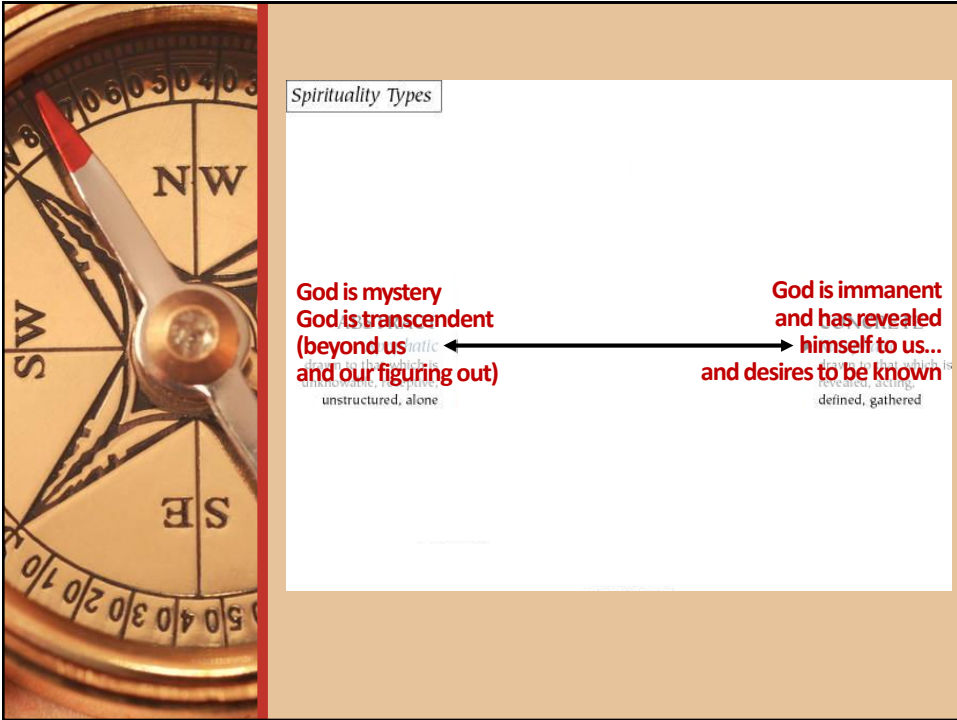
Type 2
Charismatic

Extremes:
Escapism
Reclusivity

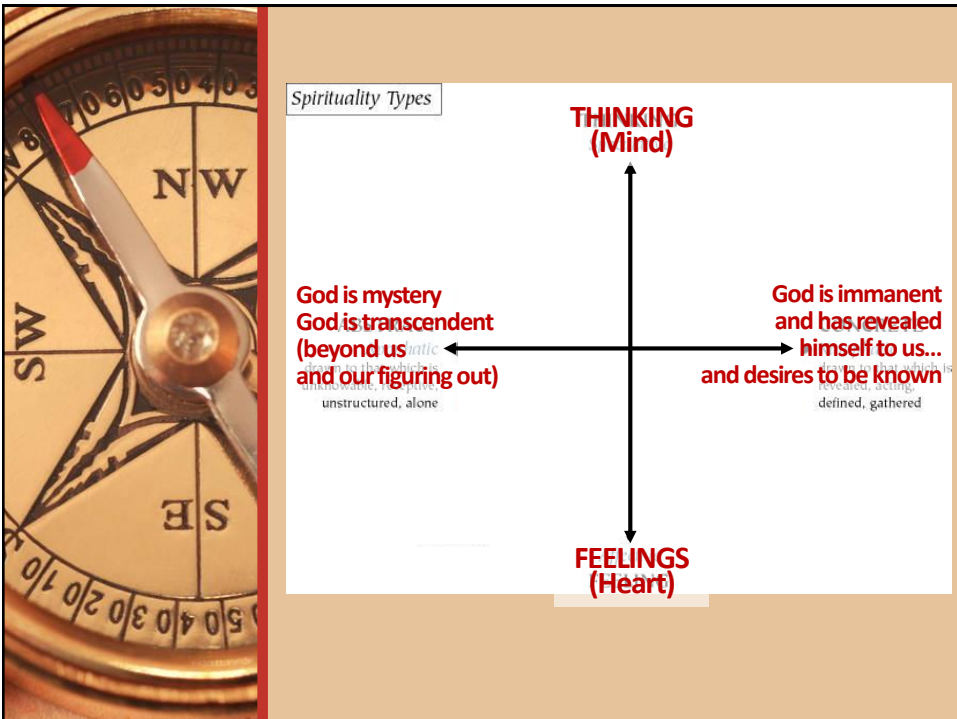
Extremes:
Pletism
Emotionalism

FEELING

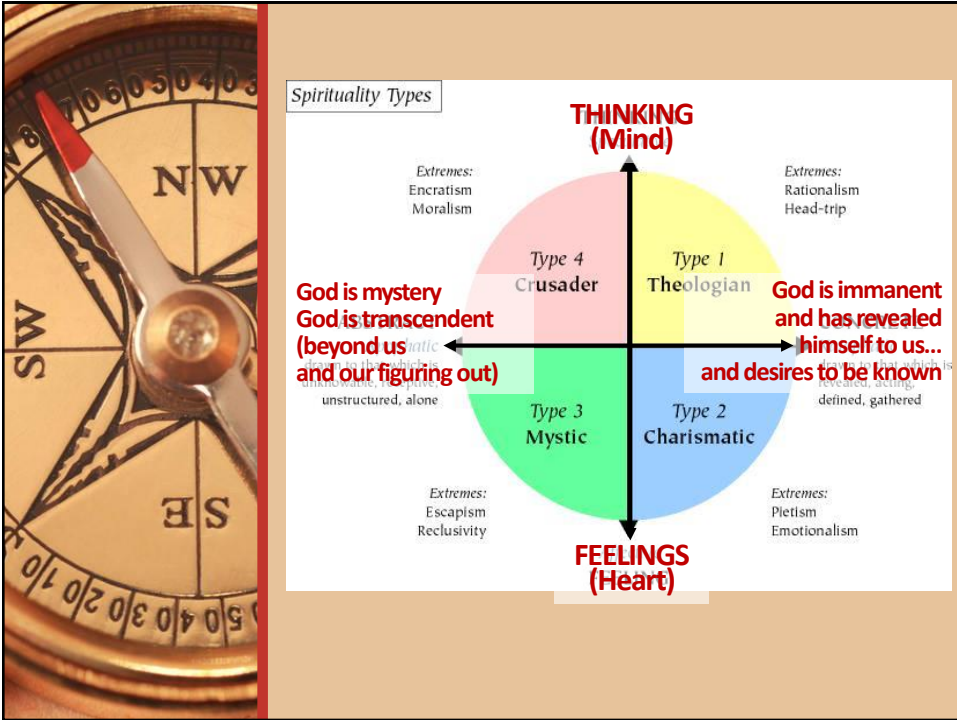
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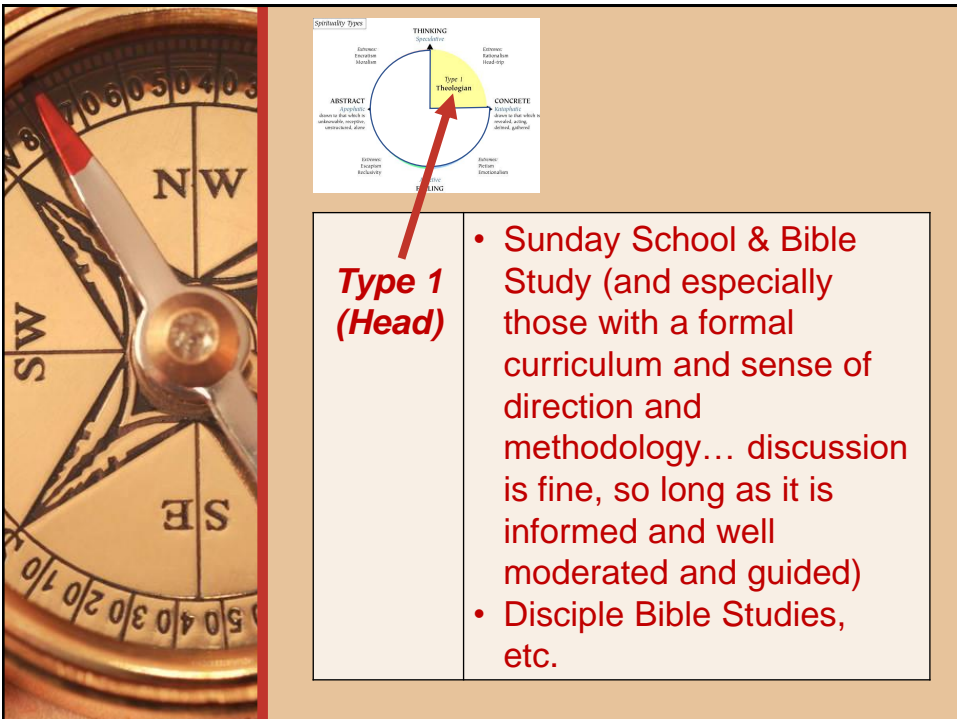
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Spiritually Types

THINKING
Spirituality
Abstract
Intuition
Head-up

CONCRETE
Spirituality
Down to the earth
Mindful living
Heart gathered

ABSTRACT
Spirituality
Down to the earth
Mindful living
Heart gathered

FEELING
Spirituality
Abstract
Intuition
Head-up

Type 2 Mystic

**Type 2
(Heart)**

- Involvement in a musical setting (which engages the heart)
- Participation in the Evangelism Team (with an especial promotion of sharing our stories)
- Participation in an Emmaus grouping—the Walk itself, a reunion group, and gatherings

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Spiritually Types

THINKING
Spirituality
Abstract
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Head-up

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FEELING
Spirituality
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Head-up

Type 3 Mystic

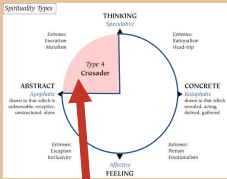
**Type 3
(Mystic)**

- Participation in a small spiritual formation group—emphasizing ancient devotional practices like lectio divina or centering prayer
- A small group study like “Companions in Christ”
- “Spiritual Direction”

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Spirituality Types



THINKING
Speculative
Abstract
Freedom
Freedom

FEELING
Practical
Practical
Practical
Practical


ABSTRACT
Abstract
Abstract
Abstract
Abstract

CONCRETE
Concrete
Concrete
Concrete
Concrete

Type 4 Crusader

- Involvement in an Outreach/Missions team or project
- Stephen Ministry may also be an area of satisfaction for these who yearn to give “feet to their faith”

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Provision of some potential counsel or direction for those taking the test:

- Acknowledge the danger of extremes in each quadrant (i.e., the need for balance)
- In that spirit, acknowledge that a person may need a program in their preferred quadrant but there may be a time when engaging surrounding (or opposite quadrant) is needful

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